

Roundhay Climate Emergency, where are you on your carbon reduction journey? Tick everything you have done

| Easy | Tick | Bit harder | Tick | Hard | Tick |
|--|------|--|------|---|------|
| Energy: Change your lightbulbs to LED lighting, change to Ecosia search engine | | Turn down your heating one degree - ideal temperature is 20-21°C | | Unplug your gadgets when not used, turn off lights | |
| Green energy: Change to a green energy tariff for electricity and gas | | Reduce the amount of energy you use, insulate your roof/walls/underfloor | | Install solar, solar heating and battery storage, green savings and finance | |
| Washing: Wash your clothes in cold water (30 degrees) | | Stop using the tumble dryer: hang dry your clothes | | Wash your clothes less regularly, wear them 2-3 times before washing | |
| Waste: Recycle more plastic, paper, cardboard, compost your food waste | | Reduce packaging, use reusable bags, cups and bottles | | Stop buying packaged products, use refill shops | |
| Fly Less: reduce the number of times you fly; stop taking domestic flights | | Fly less and carbon offset your flights by planting trees | | Stop flying: have staycations, travel by ferry, travel by train abroad | |
| Car: Reduce the amount of travel by car, drive efficiently and drive an efficient car | | Replace the car with electric vehicle/hybrid, public transport, cycle, walk, use car club | | Give up the car: Live car free, use public transport, cycle and walk | |
| Garden: Don't pave over your garden, plant a wildflower garden, install a pond | | Plant one tree every year; grow your own fruit and veg, plant in the Roundhay Forest | | Grow a green roof: on a flat roof grow plants | |
| Food: Stop buying out of season food, get milk delivered, plan weekly meals | | Reduce food waste: eat everything you buy, compost your food waste | | Buy local food, in season, visit your farmer's market | |
| Water: Use a water butt to collect rainwater to water your garden | | Stop watering your garden with a hose pipe, collect shower and sink water for garden | | Use rainwater or grey water (used tap/shower water) to fill your toilet | |
| Eat less meat: Give up meat, fish and dairy one day a week | | Go Vegetarian: Give up meat and fish to become vegetarian | | Eat a plant based diet: Give up meat/dairy to become vegan | |
| Get active: Educate yourself and family on the Climate Emergency, work out your carbon footprint | | Set up a project at work to get your colleagues involved e.g. say no to plastic water bottles, set up Terracycle point | | Get involved: join REAP, Extinction Rebellion, Friends of the Earth, Greenpeace | |
| Add up how many points you have done | | | | | |

By reducing your carbon footprint, you can save money and help reduce your impact on the planet

Roundhay Climate Emergency

I pledge to reduce my carbon footprint by:

